# TO THE CONTROL OF THE

**JULY 2022** 

Pictured: Sarah Carlson at bat during the Big Sticks Unified Softball game and Greg Wock pictured right catching.

#### **BADLANDS BIG STICKS BRING BIG SMILES**

Unified Softball participants were invited to Dakota Community Bank & Trust Ballpark on July 9th to play with the Badlands Big Sticks. It was a beautiful morning enjoyed by over 50 players with and without disabilities. People were all smiles running the bases and playing with the support of the Big Sticks players. Victoria Haney shared, "It was fun with the Big Sticks and we felt pretty important playing on their big field."

Claudia Torres, Support Coordinator for ABLE, Inc. helped organize this game with the Big Sticks. "I was able to play on a field like this all of my life," she shared, "but people with disabilities don't often get that kind of experience. It is impactful for people and so good to see them light up, just taking it all in."



Pictured above: Victoria Haney with Big Sticks player.

\*WINNER\*

\*WINNER\*

\*WINNER\*

As part of the event, proceeds from the concessions were used to purchase tickets to the Minnesota Twins game and a two night stay in a hotel to be raffled off to one of the players. **Laura Schmidt was the lucky winner.** Congratulations Laura! We can't wait to hear about your trip!



Above: Laura Schmidt all smiles after winning the Minnesota Twins tickets. Below: Greg Wock & Urja Aryal.









Pictured above: Rick Funk running the bases. Randy Weiler heading to 1st base. Julia Anderson celebrating with Big Sticks players after the game.

Lower left: The entire group celebrating after the game. Lower right: Carissa Hibl taking a break.





#### CELEBRATING EARTH DAY





It's always a celebration at the Repeat Outlet when Earth Day rolls around! This year Halie Maychrzak, our Store Manager (above left), was available to help customers who came to shop our 30% sale.

Shawn Mauer (above right) passed out mini cans of pop to recycling customers as they came in the store to get paid for their recycled cans. Thank you to Coca Cola Bottling in Dickinson for donating the pop!

Customers
brought in
almost
5,000 lbs. of
aluminum cans
to recycle!







We had many community members come out to support the event, taking advantage of the increased pricing for cans.

The weather was not in our favor but it was still a wonderful day full of teamwork and pride in taking care of our Earth. We had a drawing for 2 Earth Day t-shirts. Gabby Cartisser of Bowman and Connie Heinrich of Rhame won! We waited until a nicer day to separate crushed and uncrushed cans.

Top left to right: Shawn Orcutt separating cans. Lynn Evans working hard & still smiling. Halie Maychrzak picking t-shirt winners.

Pictured below left to right: Kim Fretheim & Donna Crow processing cans.

Group photo: (front) Mary Haas, Halie Maychrzak, Kay Fletcher, Kim Fretheim, Lynn Evans (middle) Donna Bolte, Megan Walser,
Donna Crow (back) Glenn Hawn, Shelby Pauley, Ron Bosch, Rochelle Thompson, Jeffery Pearson, and Carolynne Jones.







# Repeat Outlet

UNIQUE GIFTS DESIGNED & CRAFTED ON LOCATION

101 NORTH MAIN STREET - BOWMAN ND

# **SUMMER FUN**



Above: Shawn Orcutt won a Superior ribbon at the Bowman County Fair for the rug that he entered!











Pictured top left to right Randy Wyman doing fireworks. Enjoying a picnic at Shadehill in Lemmon, SD: Randy, Carrie Beck, Dallas Alexenko & Zach Lohnes. Kim Peplinski practicing his roping skills with Mattie Mastel. Amy Belile & Greg Wock dancing at 1st on 1st.





Pictured above left to right: Enjoying softball Diana Diaz, Carlie Jahner, Abra Safratowich, Rick Funk, Carissa Hibl, Susan Schafer, Laura Minar, Amber & Paul Concha. Above left: Catching up with an old friend: Curtis Reiter, Sarah Steiner, Kevin Peplinski, Gordon Holzemer, Abra Safratowich. Pictured below: Carrie Beck doing fireworks, Leanna Massie, Addison Krueger & Tyler Gress taking in summer events. Laura Minar with a baby goat at Good Humanity Coffee. Linda Zins & Kristi Jurief enjoying the Big Sticks game.









#### **Helping Us Stay Healthy & Safe**

ABLE, Inc. is proud to feature Sanford Health Occupational Medicine Clinic in Dickinson as a valued community partner. We utilize their services for:

- Drug and Alcohol Testing
- N95 Fit Testing
- WSI claims

HEALTH

OCCUPATIONAL MEDICINE WORKING FOR YOU

Rosie Jahner shared "All of their staff, from the receptionists to the physicians that we use, are very friendly and helpful. I can call at any time with a question and I always get the answer that I am



Rosie Jahner (on left) presenting a thank you basket to the Dickinson Sanford Occ Med team.

looking for. We use Sanford Occ Med for our staff who have work injuries and they treat them with respect. Follow up is received from them the same day as appointments and is easy for staff to follow. Ann Coates. PA-C and Sherry Schillo, PA-C show care in assisting our staff and understand the work we do at ABLE."

Mary Anderson, ABLE Executive Director, stated, "Dr. Joel Blanchard and Dr. David Saxon at Sanford Occupational Medicine Clinic in Bismarck are exceptional resources. They are available to us for BIG questions. They have been a key resource for COVID education and it has been amazing to have them take our calls and offer support." To the entire team at Sanford Health Occupational Medicine Clinic, we thank you for all that you do to help us stay healthy and safe!



Pictured above left to right: Cory Ackerman & Jordan Burk, Samantha Schostek & Wade Hassebrock, Randy Weiler, Caitlyn Graham & Victoria Haney.







## Staying Cool at the Pool

We were thrilled to be able to have private sessions at the West River Community Center outdoor pool again this summer! They opened their doors early for us to enjoy the outdoor facilities prior to public hours. All who joined had a blast cooling off in the beautiful water or watching from the lounge chairs.







Pictured far left to right: Pat Renner & Shayna onderum, Addison Krueger & Sterling Besler, John Vaughn & Colin Schmidt, Samantha Schostek, JoAnn Reiderer, Kristi Jurief, Abigail Hodell.



#### **EXPLORING SUMMER**

Shannda Sickler is an explorer and a food enthusiast. What would be a better way to snack and check places out than a summer road trip? Especially, since we have such a beautiful state as our neighbor. Shannda had a general itinerary created based off of her interests and recommendations of friends.

We drove through national park, saw different wild animals, walked some trails, did a picnic and snacked more. As the temperature was rising, we changed the plan slightly went to the water park instead to cool off, which Shannda enjoyed the most. She also enjoyed visiting with her aunt. Since we stayed at an Airbnb 2 minutes out of Deadwood, we gambled for a few minutes before we headed back home. Shannda unfortunately did not win, but had a fun experience with the sound and buttons. By: Urja Aryal













#### A NOTE FROM THE EXECUTIVE DIRECTOR

Hello all,

We hire many employees who positively impact the lives of people we support. When an employee's journey with us ends, we hope they walk away positively impacted themselves, being better citizens, better educated, better human beings. Recently a former employee, Karin Reisenauer, shared on social media how her time at ABLE has benefitted her and it instantly warmed my heart. With her permission, I'd like to share with you what Karin said:

About 36 years ago, I started a job with ABLE, Inc. I worked there up until a few years ago when I had to leave because of my health. I still miss it. I'd go back if my body would allow me to. It never was a job, it was more like another part of my family. The administration, co workers and the people I assisted were all a



Mary Anderson Executive Director

big part of my life back then. I learned so much about people and so many other things, but what I wanted to talk about is the fact that without my years at ABLE, I would be having a really hard time right now.

We have some medical issues going on and I find myself remembering my training at ABLE almost daily. My husband has medical issues, and like they say, "when it rains it pours". It's pouring right now with 3 or 4 pretty serious and very different medical issues. I'm pretty much in charge with his medications, appointments, all kinds of procedures going on, and trying to keep them all handled, lots of medication issues, keeping them all straight. Kirsten Friedt, thanks to your training, I'm keeping things together pretty well. I even made myself a med sheet. I just wanted to say thank you ABLE for giving me the tools that help me so much now! So many people to thank, Rosie Jahner, Janelle Stoneking, thank you for your friendship and support over the years, I'll guit now... Thank vou to all the wonderful people that I worked with and even to the people that I assisted. I won't even try to mention them all... you know who you are! Mary Anderson did a great job leading the team. -Karin Reisenaur

We are honored to have had Karin serve as an employee for so many years bringing great security and care to the people she supported and her team. Thank you for sharing, Karin. What a great testimony of how the knowledge learned at ABLE, Inc. deeply matters. -Marv Anderson

### **SUPPORTING FRIENDSHIPS**



Above: Sarah Steiner, Jamie (Coyle) Moothart & Abra Safratowich

Sarah Steiner and I went to Los Osos, California to go to Jamie Coyle's wedding. It was nice to see her so happy and beautiful at the wedding and the dance afterwards was great! -Abra Safratowich

Jamie also shared, "I started my journey with ABLE back in 2014, and the bonds I made with those I supported were very strong. It was hard to make the move back to California because I knew I'd be leaving behind a piece of my heart in North Dakota. Through the years living in separate states, we have managed to remain close and keep in touch on an almost daily basis! Abra and I have spoken about her coming to California for years, and through the help of an amazing team, they were able to make it happen! I was so overjoyed and honored that Abra, Sarah, and the wonderful support staff, Susan and Stacy were able to come meet my family and friends, as they all felt like they knew them because of how often we keep in touch. I am very grateful for the lifelong friendships I made at ABLE!"





On left: Susan Schafer, Abra, Sarah, & Stacy Doe enjoying the Pacific Ocean. Sarah & Abra at Morro Bay. Right: Susan, Sarah, Abra & Stacy at Hearst Castle.







## **NEW STORE HOURS**



Reminder, ABLE THRIFT CENTER is now closed on Mondays.

New Hours: Tues-Fri 10am-5pm Saturday 10am-3pm

We will continue to accept donations on Mondays at the North door. We appreciate your support!