



MAY 2021 | Pictured above: Carissa Hibl and Amber Concha working at our new "Kid Thrift" store in the T-Rex Plaza, Dickinson.

EXCITING THINGS ARE BLOOMING AT THE T-REX PLAZA

Two new stores are "springing" up: one store is ABLE Used Furniture with a part of the space dedicated to thrift items with "New" tags. The other is ABLE Kid Thrift featuring kids clothing sizes 0 to 5T. This boutique also features cribs, high chairs, and many great donations that you may need for your

small children. This is in addition to our vintage store, Decades. There's a lot to enjoy! Come visit us soon.

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Pictured left: A view looking into Kid Thrift. Right: Beautiful kids formal wear. Racks of clothing with tags available for purchase.



NOW OPEN IN THE T-REX PLAZA!



A Beautiful Partnership

What a lucky day for us April 1 when Jim Bobb from Taylor, ND walked into our store, Repeat Outlet, and asked if we could use another loom.

He told the story of his dad buying a loom a dozen years ago as a project for he and his wife, who had limited mobility. So on April 19, 2021, Jim and his dad, Milton, traveled to Bowman to deliver not only the precious loom but 58 boxes of cut and sewn fabric strips, 4 totes of fabric, glue, and over 40 beautiful handmade shuttles.

Milton shared with us how his wife would wash and cut the material and he would weave the rugs. What a partnership.

Thank you Milton and Jim

Repeat Outlet

UNIQUE GIFTS DESIGNED & CRAFTED ON LOCATION

101 NORTH MAIN STREET - BOWMAN ND

STRAIGHT from the heart

By: Janelle Stoneking
Training & Development Specialist

When ABLE, Inc. has questions or needs support with our AEDs, Michelle Tipton is now our first call. As our AED Everywhere Account Representative, it is her job to provide this support, but to Michelle it is more than just a job. Her passion resonates straight from her *heart*.

Michelle has been a ND EMS Instructor and an American Heart Association Instructor for over 30 years. She had those credentials before her life dramatically changed the day her 17 year old son, Shannon, passed away in his bed from sudden cardiac arrest. His death took her on a complex journey as she yearned to learn the cause. With persistence and a routine sports physical for her younger son, discoveries came to light, leading to her & her loved ones gaining a diagnosis for the genetic defect LQT1, a disorder of the heart's electrical system. Her son, Shannon, was soon one of the first to be genetically diagnosed with Long QT Syndrome using molecular autopsy...a year after he died in 1999.

Michelle soon found her and her loved ones viewed as Mayo's poster family with their story published in medical journals and changing the way many viewed sudden cardiac arrest cases in youth. She went on a mission to share

her experiences and educate others, anything to help prevent another mother from suffering the same loss.



Michelle's son, Shannon, pictured on his 17th birthday, 19 days before he died.

Michelle has become passionate about AEDs because if they would have witnessed her son's cardiac arrest and had an AED available, it could have saved his life. She shares, "I have been on a mission for 22 years now assisting in the placement of AEDs and educating owners of them. I even had a bill written in 2007 ND Legislative Session that provided AEDs to all ND schools."

For 12 years, Michelle provided a free service for AED owners to notify them when parts were expiring and needed replaced. Now that she works for AED Everywhere, this is paid work as she receives commission on the AEDs or parts that she helps sell. AED Everywhere has even assisted her in getting her story out there to help educate people. Michelle currently assists in the maintenance of over 600 AEDs!

ABLE, Inc. was using a different company to track the maintenance of our AEDs but Rosie Jahner was looking for more cost effective options. Her colleagues highly recommended AED Everywhere and Michelle, our local AED Everywhere representative, residing in Beulah, ND. We look forward to this new partnership as it is wonderful to work with people who have such dedication to their career. Thank you Michelle for your passion and advocacy!

You can learn more about Michelle's story and Long QT Syndrome (LQTS) by reading the full article at: <https://www.emsworld.com/article/10324605/my-child-just-fainted-no-big-deal-or-sudden-death-warning>



Michelle Tipton

More info on LQTS:

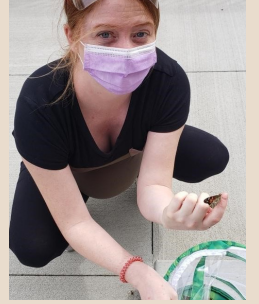
- About 1/3 people with it never have symptoms
- Affects about 1 in 5,000 people and claims approximately 2,000 lives each year in the US
- It can cause arrhythmias of the heart, with blood not pumping effectively resulting in fainting, seizures, or sudden death.
- Symptoms include:
 - Fainting with no warning or woozy feeling prior
 - Fainting that occurs during exertion/sports or auditory startle such as hearing a loud noise
 - Family history of sudden unexplained death of someone under age of 55, unexplained drowning or car accident
- Most commonly, symptoms first occur during preteen and teenage years

2021: A TIME FOR TRANSFORMATION



Wade Hassebrock, butterfly enthusiast (future Lepidopterist) recently raised 12 caterpillars and witnessed the magic of metamorphosis. Wade led daily checks on the stages of the caterpillars building cocoons out of silk, and then pupa hanging from his terrarium. Eventually, he alerted everyone to the final transformation into butterfly. Wade recently set his butterfly family free into the warm spring sunshine and wished them future luck in all of their pollinating adventures!

Pictured: Kayla Matlock & Wade Hassebrock



AN EARTH DAY CELEBRATION



From right to left: Glenn Hawn, Lynne Nygaard, Jeffery Pearson, Donna Crow, Megan Walser.

On April 22nd, our team in Bowman, ND recycled almost 6,000 pounds of aluminum cans and paid their customers .30 (cents) a pound, which was .08 (cents) above the regular price. Carolynne Jones, Director of ABLE, Inc. Satellite Services, shared the following:

"We had a beautiful day and it was great to be outside. Thank you Senator Gaylord Nelson, who back in 1970 got The Earth Day bill passed to increase awareness of our environment."



Left photo (from left to right): Donna Crow, Lynn Evans, Glenn Hawn, Jynnea Peterson, Shawn Orcutt, Faye Sarsland, Carolynne Jones, Michael Pearson. Right photo: Shawn Orcutt



We thank you!

American Bank Center

ABLE, Inc. is proud to feature American Bank Center as our community partner this month. The American team has always been supportive of our mission, beginning with Joe Fridrich, Business Banking Officer, who has offered a listening ear and helped us navigate the financial world. Cindy Steiner is a responsive partner helping us with our retirement accounts and we can

always count on Melody Zimmerman and Garrett Nodland when it comes to our insurance needs. We appreciate all that these teams do!

At a time when physical distancing is key, American Bank Center has welcomed us to use the large training space in their new location in downtown Dickinson. It is beautiful and so appreciated!

We delight each time we get a call from Cill Skabo as she connects with us to offer donations, with some of the most recent being decorations, office supplies, equipment, and even a fridge! The American Bank Center family is thinking of us and supporting our mission here at ABLE, Inc.



Our employees enjoying this large space at the new American Bank Center in Downtown Dickinson.



Pictured above: Office equipment recently donated for our residential locations.

Stop to shop



ABLE USED FURNITURE

HOME DECOR & NEW TAG THRIFT
AT OUR STORE IN THE T-REX PLAZA!

OPEN 10-5pm Mon-Fri, 10-3pm Sat
Dickinson, ND



Located in the T-Rex Plaza
10am-5pm Mon-Fri
10am-3pm Saturday

Easter Winners!

On Easter weekend, all six people residing at our 4th Avenue location participated in the Country House egg hunt. We took turns driving around town to find the eggs and found all 12 that day!

After emailing photos of each egg to Country House, we were declared 1 of the 12 winners. Our prize was a lovely gift basket by Market Press!

-Brittany Grafton & the 4th Avenue winners



Pictured from left: Desmond Taylor, Shirley Lund, and Karla Smolniker